

FREE STUDENT MEALS Cairo-Durham HS/MS in school Breakfast Program May 2021

<p><u>Daily offerings</u> <u>Will include Fresh or cupped fruit</u> <u>And choice of 1%white or fat free chocolate milk</u></p>	<p>No substitutions will be allowed except medical conditions with DR. Note for Allergies</p>			
<p>3 Pancakes, bagels Or cereal String cheese, juice</p>	<p>4 Bacon, Egg and cheese sandwich Or Cereal and bagels String cheese, juice</p>	<p>5 Chocolate muffin, bagel Or Cereal String cheese, 100% juice</p>	<p>6 Bacon, egg and cheese pizza or bagels and cereal String cheese, juice</p>	<p>7 Bagel w/cream cheese Or WG blueberry muffin String cheese and juice</p>
<p>10 Waffles, bagels Or cereal String cheese, juice</p>	<p>11 Ham egg and cheese, Bagel or cereal String cheese, juice</p>	<p>12 Cinnamon cream cheese stuffed bagel Or Bagel, cereal String cheese, juice</p>	<p>13 Bacon, egg and cheese pizza or bagels and cereal String cheese, juice</p>	<p>14 Bagel w/cream cheese Or WG blueberry muffin String cheese and juice</p>
<p>17 French toast Cereal, Bagel String cheese and 100% juice</p>	<p>18 Sausage, egg and cheese, Bagel or cereal String cheese, juice BUDGET VOTE 1-9PM MS CAFETERIA</p>	<p>19 Egg and cheese wrap Or Bagel, cereal String cheese, juice</p>	<p>20 Bacon, egg and cheese pizza or bagels and cereal String cheese, juice</p>	<p>21 Bagel w/cream cheese Or Muffin, cereal String cheese, juice</p>
<p>24 Cereal or bagel String cheese and 100% juice</p>	<p>25 Bacon, egg and cheese or bagels and cereal String cheese, juice</p>	<p>26 Chocolate muffin, bagel Or Cereal String cheese, 100% juice</p>	<p>27 Bacon, egg and cheese pizza or bagels and cereal String cheese, juice</p>	<p>28 Bagel w/cream cheese Or Muffin, cereal String cheese, juice</p>

CSD is an equal opportunity provider and employer.

Any question please contact Dan Sickles (food service director) 518-622-8543x58900

Milk choices include 1% white, skim chocolate, and lactaid (lactose free)

