

FREE STUDENT MEALS Cairo-Durham HS/MS remote lunch Program
January 2021

No substitutions will be allowed except medical conditions with DR. Note for Allergies	No hot meals will be available for remote learning due to the unknown of supervision for reheating meals.	<u>Daily offerings</u> <u>Will include Fresh fruit</u> <u>And choice of 1%white or fat free chocolate milk</u>		1
4 Italian mix sub Fresh fruit And cherry tomatoes	5 Ham and cheese sub Fruit and baby carrots	6 V PB&J sandwich Animal crackers, String cheese Fresh fruit and celery sticks	7 Ham and cheese sub Fresh baby carrots and Fresh fruit	8 Turkey, cheese and lettuce wrap Applesauce cup and Garbanzo bean salad
11 Italian mix sub Fresh fruit And cherry tomatoes	12 Ham and cheese sub Fruit and baby carrots	13 V Turkey and cheese on a roll Fruit And celery sticks	14 PB&J sandwich Fruit and fresh pepper strips.	15 Chicken Caesar salad wrap Fruit and baby carrots
18 BBQ Chicken and cheddar cheese wrap Fruit and sliced cucumbers	19 Ham and cheese sub Fruit and baby carrots	20 V Turkey and cheese on a roll Fruit And celery sticks	21 PB&J sandwich Fruit and fresh pepper strips.	22 Chicken Caesar salad wrap Fruit and baby carrots
25 Ham and mozzarella cheese on a roll Fruit and cherry tomatoes	26 Turkey and cheese sandwich Fruit and baby carrots	27 PB&J sandwich Fruit and fresh pepper strips	28 BBQ Chicken and cheddar cheese wrap Fruit and sliced cucumbers	29 Chicken Caesar salad wrap Fruit and baby carrots

CSD is an equal opportunity provider and employer.

Any question please contact Dan Sickles (food service director) 518-622-8543x58900

Milk choices include 1% white, skim chocolate, and lactaid (lactose free)

