



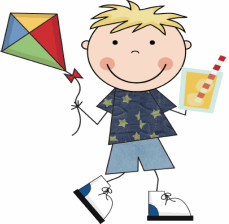




FREE STUDENT MEALS Cairo-Durham Breakfast Program June 2019

<p><u>Daily offerings</u> Fresh fruit Assorted Cereal Bagels Assorted Yogurt Assorted 100% juice</p>				
<p>3 Sausage, egg and cheese pizza Or Yogurt, bagel cereal</p>	<p>4 V Blueberry muffin or smoothie Or Yogurt, bagel cereal</p>	<p>5 Ham, egg and cheese sandwich or Yogurt, bagel, cereal</p>	<p>6 *Jiffy (sausage and pancake on a stick) or Yogurt, bagel, cereal</p>	<p>7 Pancakes or banana muffin Or Yogurt, bagel, cereal</p>
<p>10 Sausage, egg and cheese pizza Or Yogurt, bagel cereal</p>	<p>11 V Blueberry muffin or smoothie Or Yogurt, bagel cereal</p>	<p>12 Ham , egg and cheese sandwich or Yogurt, bagel, cereal</p>	<p>13 *Jiffy (sausage and pancake on a stick) or Yogurt, bagel, cereal</p>	<p>14 Pancakes or banana muffin Or Yogurt, bagel, cereal</p>
<p>17 Sausage, egg and cheese pizza Or Yogurt, bagel cereal</p>	<p>18 Blueberry muffin or smoothie Or Yogurt, bagel cereal</p>	<p>19 Ham, egg and cheese sandwich or Yogurt, bagel, cereal</p>	<p>20 *Jiffy (sausage and pancake on a stick) or Yogurt, bagel, cereal</p>	<p>21 Pancakes or banana muffin Or Yogurt, bagel, cereal</p>
<p>24 Bagel, cereal or yogurt</p>	<p>25 V Bagel, cereal or yogurt</p>	<p>29 Superintendents day No school</p>		

CSD is an equal opportunity provider and employer.

Any question please contact Dan Sickles (food service director) 518-622-8543x58900

.Milk choices include 1% white, skim chocolate, lactaid and skim white

