





## FREE STUDENT MEALS Cairo-Durham Breakfast Program April 2019

1 Bacon, egg and cheese pizza Or Yogurt, bagel cereal	2 V French toast sticks Or Yogurt, bagel cereal	3 V Warm Cinnamon oatmeal round or Smoothie or Yogurt, bagel, cereal	4 V Egg and cheese burrito or chocolate muffin, Yogurt, bagel, cereal	5 *Jiffy (sausage and pancake on a stick) Or Yogurt, bagel, cereal
8 Bacon, egg and cheese pizza Or Yogurt, bagel cereal	9 V French toast sticks Or Yogurt, bagel cereal	10 V Warm Cinnamon oatmeal round or Smoothie or Yogurt, bagel, cereal	11 V Egg and cheese burrito Or Chocolate muffin Yogurt, bagel, cereal	12 *Jiffy (sausage and pancake on a stick) Or Yogurt, bagel, cereal
15 Bacon, egg and cheese pizza Or Yogurt, bagel cereal	16 V French toast sticks Or Yogurt, bagel cereal	17 V Warm Cinnamon oatmeal round or Chocolate muffin or Yogurt, bagel, cereal	18 V Egg and cheese burrito Or Chocolate muffin Yogurt, bagel, cereal	19 <b>NO SCHOOL</b>
22 <b>NO SCHOOL</b>	23 <b>NO SCHOOL</b>	24 <b>NO SCHOOL</b>	25 <b>NO SCHOOL</b>	26 <b>NO SCHOOL</b>
29 Bacon, egg and cheese pizza Or Yogurt, bagel cereal	30 V French toast sticks Or Yogurt, bagel cereal			Daily offerings Fresh fruit Assorted Cereal Bagels Assorted Yogurt <u>Assorted 100% juice</u>

CSD is an equal opportunity provider and employer.

Any question please contact Dan Sickles (food service director) 518-622-8543x58900

.Milk choices include 1% white, skim chocolate, lactaid and skim white

