



FREE STUDENT MEALS Cairo-Durham Breakfast Program May 2019

<p>Daily offerings Fresh fruit Assorted Cereal Bagels Assorted Yogurt Assorted 100% juice</p>		<p>1 Sausage, egg and cheese sandwich or Yogurt, bagel, cereal</p>	<p>2 V Waffle or chocolate muffin or Yogurt, bagel, cereal</p>	<p>3 *Jiffy (sausage and pancake on a stick) Or Yogurt, bagel, cereal</p>
<p>6 Bacon, egg and cheese pizza Or Yogurt, bagel cereal</p>	<p>7 V Blueberry muffin or smoothie Or Yogurt, bagel cereal</p>	<p>8 V Sausage, egg and cheese sandwich or Yogurt, bagel, cereal</p>	<p>9 V Waffle or chocolate muffin or Yogurt, bagel, cereal</p>	<p>10 *Jiffy (sausage and pancake on a stick) Or Yogurt, bagel, cereal</p>
<p>13 Bacon, egg and cheese pizza Or Yogurt, bagel cereal</p>	<p>14 V Blueberry muffin or smoothie Or Yogurt, bagel cereal</p>	<p>15 V Sausage, egg and cheese sandwich or Yogurt, bagel, cereal</p>	<p>16 V Waffle or chocolate muffin or Yogurt, bagel, cereal</p>	<p>17 *Jiffy (sausage and pancake on a stick) Or Yogurt, bagel, cereal</p>
<p>20 Bacon, egg and cheese pizza Or Yogurt, bagel cereal</p>	<p>21 Blueberry muffin or smoothie Or Yogurt, bagel cereal</p>	<p>22 Sausage, egg and cheese sandwich or Yogurt, bagel, cereal</p>	<p>23 Waffle or chocolate muffin or Yogurt, bagel, cereal</p>	<p>24 NO SCHOOL</p>
<p>27 NO SCHOOL</p>	<p>28 V Blueberry muffin or smoothie Or Yogurt, bagel cereal</p>	<p>29 Sausage, egg and cheese sandwich or Yogurt, bagel, cereal</p>	<p>30 Waffle or chocolate muffin or Yogurt, bagel, cereal</p>	<p>31 *Jiffy (sausage and pancake on a stick) Or Yogurt, bagel, cereal</p>

Cairo-Durham CSD is an equal opportunity provider and employer.
 Any questions, please contact Dan Sickles (Food Service Director) at 518-622-8534, x58900
 Milk choices include 1% white, skim chocolate, lactaid and skim white

