








FREE STUDENT MEALS Cairo-Durham Breakfast Program June 2018

Daily offerings Fresh fruit Assorted Cereal Bagels Assorted Yogurt Assorted 100% juice				1 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)
4 *Bacon, egg and cheese sandwich or WG pancakes	5 French toast Or Blueberry muffins	6 Egg and cheese biscuit Or Smoothie of the day	7 *Jiffy (sausage and pancake wrap) Or Egg and cheese sandwich	8 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)
11 *Bacon, egg and cheese sandwich or WG pancakes	12 French toast Or Blueberry muffins	13 Egg and cheese biscuit Or Smoothie of the day	14 *Jiffy (sausage and pancake wrap) Or Egg and cheese sandwich	15 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)
18 *Bacon, egg and cheese sandwich Or WG pancakes	19 French toast Or Blueberry muffins	20 Egg and cheese biscuit Or Smoothie of the day	21 *Jiffy (sausage and pancake wrap) Or Egg and cheese sandwich	22 Muffins, cereal or bagel Elem dismissal 11:15 CDMS/HS No School
25 	26 	27 	28 	29 

Cairo-Durham CSD is an equal opportunity provider and employer.

Any questions, please contact Dan Sickles (Food Service Director) at 518-622-8543, x58900

Milk choices include 1% white, skim chocolate, lactaid and skim white

