






FREE STUDENT MEALS Cairo-Durham Lunch Program February 2018

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| <p>Daily offerings WG chicken patty Pizza Deli bar Fresh Salads Yogurt</p> | <p>Pasta offered daily at Elementary School</p> | |  | <p>1 V Baked Ziti Green beans Dinner roll oranges</p> | <p>2 Sweet and sour chicken, lo mien noodles broccoli Apples</p> |
| <p>ALTERNATE: Muffin fun lunch (muffin, cheese stick and a yogurt and goldfish), chicken patty or pizza Daily Fresh Fruit and Vegetable bar (lettuce, tomato, onion, fresh and chilled fruit, carrot sticks and celery sticks)</p> | | | | | |
| <p>5 Open faced turkey sandwich, mashed potatoes Buttered green beans</p> | <p>6 Macho Nachos Steamed rice Refried beans Fresh apples</p> | <p>7 Pasta with meat sauce Carrots, dinner roll Grapes</p> | <p>8 Chicken nuggets Macaroni and cheese and seasoned broccoli melon</p> | <p>9 V Grilled cheese and tomato soup corn oranges</p> | |
| <p>ALTERNATE: Cereal Fun lunch (cereal, yogurt and a cheese stick) chicken patty or pizza Daily Fresh Fruit and Vegetable bar (lettuce, tomato, onion, fresh and chilled fruit, carrot sticks and celery sticks)</p> | | | | | |
| <p>12 Cheeseburger Fries Grapes</p> | <p>13 V National Pancake day Pancakes and sausage Apples</p> | <p>14 V Happy Valentines day Macaroni and cheese Tender green beans Dinner roll (FREE COOKIE DAY w/lunch)</p> | <p>15 V Italian dunkers w/sauce Seasoned corn bananas</p> | <p>16 Chili cheese dog Green beans oranges</p> | |
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| <p>19  PRESIDENTS DAY</p> | <p>20 WINTER NO SCHOOL</p> | <p>21 BREAK NO SCHOOL</p> | <p>22 NO SCHOOL</p> | <p>23 NO SCHOOL</p> | |
| <p>ALTERNATE: Cereal Fun lunch (cereal, yogurt and a cheese stick) chicken patty or pizza Daily Fresh Fruit and Vegetable bar (lettuce, tomato, onion, fresh and chilled fruit, carrot sticks and celery sticks)</p> | | | | | |
| <p>26 Chicken and mashed potato bowl Tender peas Bananas</p> | <p>27 Chicken parm sandwich corn, grapes</p> | <p>28 BBQ chicken Cheddar Cornbread Baked beans, apples</p> | <p>Chinese new year!! </p> | <p>FREE COOKIE ON VALENTINES DAY WITH SCHOOL LUNCH</p> | |

Cairo-Durham CSD is an equal opportunity provider and employer.

Any question please contact Dan Sickles (Food Service Director) at 518-622-8543, x58900

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dish, fruit side dish, and a choice of milk.

Milk choices include 1% white, skim chocolate, lactaid and skim white V= vegetarian **FUN LUNCH ONLY AT ELEMETARY**

