



FREE STUDENT MEALS Cairo-Durham Breakfast Program April 2018

<p>2 Daily offerings Fresh fruit Assorted Cereal Bagels Assorted Yogurt Assorted 100% juice</p>	<p>3 <u>WG=whole grain</u> <u>*pork product</u></p>	<p>4</p>	<p>5</p>	<p>6</p>
<p>9 *Bacon egg and cheese sandwich or WG pancakes</p>	<p>10 French toast Or Blueberry muffins</p>	<p>11 WG waffles Or Smoothie, Bagel or Cereal</p>	<p>12 *Jiffy (sausage pancake wrap) or Egg and cheese burrito</p>	<p>13 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)</p>
<p>16 *Bacon egg and cheese sandwich or WG pancakes</p>	<p>17 French toast Or Blueberry muffins</p>	<p>18 WG waffles Or Smoothie, Bagel or Cereal</p>	<p>19 *Jiffy (sausage pancake wrap) or Egg and cheese burrito</p>	<p>20 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)</p>
<p>23 *Bacon egg and cheese sandwich or WG pancakes</p>	<p>24 French toast Or Blueberry muffins</p>	<p>25 WG waffles Or Smoothie, Bagel or Cereal</p>	<p>26 *Jiffy (sausage pancake wrap) or Egg and cheese burrito</p>	<p>27 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)</p>
<p>30 *Bacon egg and cheese sandwich or WG pancakes</p>				

Cairo-Durham CSD is an equal opportunity provider and employer.
 Any questions, please contact Dan Sickles (Food Service Director) at 518-622-8543, x58900
 Milk choices include 1% white, skim chocolate, lactaid and skim white

