

Elementary Menu March 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Ham, Egg & Cheese on a Soft Roll</p> <p style="text-align: center;">LUNCH </p> <p>Baked Breaded Whole Grain Chicken Nuggets w. Duck Sauce, Oriental Fried Rice Seasoned Peas, Applesauce - OR - Hot Meatball Sub</p>	<p>2</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Scrambled Eggs w. Cheese Whole Wheat Toas </p> <p style="text-align: center;">LUNCH</p> <p>Breaded Baked Mozzarella Sticks w. Dipping Sauce Vegetable Sticks Diced Pears - OR - Hamburger/Cheeseburger</p>	<p>3</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Pancakes w. Blueberry Topping</p> <p style="text-align: center;">LUNCH</p> <p>Beef & Turkey Lasagna Dinner Roll Tossed Garden Salad Mixed Fruit Cocktail - OR - Hot Ham & Cheese on a Whole Wheat Bagel</p>	<p>4</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Cheese Omelet Oven Baked Tots</p> <p style="text-align: center;">LUNCH </p> <p>Seasoned Taco in a Warm Soft Flour Tortilla w. Shredded Cheese, Lettuce & Tomato Fresh Fruit - OR - Three-Cheese Hoagie</p>	<p>5</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Cinnamon Raisin Oatmeal w. Sausage</p> <p style="text-align: center;">LUNCH</p> <p>Crispy Fish Sticks Vegetable Pasta Salad Green Beans Diced Peaches - OR - Pepperoni Pizza</p>
<p>8</p> <p style="text-align: center;">BREAKFAST </p> <p>Western Scrambled Eggs Whole Wheat Bagel Half</p> <p style="text-align: center;">LUNCH</p> <p>Baked Potato Wedges w. Chili & Cheese Dinner Roll Diced Pears - OR - Hamburger/Cheeseburger</p>	<p>9</p> <p style="text-align: center;">BREAKFAST</p> <p>Whole Grain French Toast Sticks w. Syrup</p> <p style="text-align: center;">EARLY DISMISSAL</p> <p style="text-align: center;">NO LUNCH SERVED</p>	<p>10</p> <p style="text-align: center;">BREAKFAST</p> <p>Vegetable Frittata w. Buttered Biscuit</p> <p style="text-align: center;">\$0.50 LUNCH DAY</p> <p>Breaded Whole Grain Chicken Patty on WW Bun Mixed Vegetables Pineapples - OR - LF, WG Cheese Ravioli</p>	<p>11</p> <p style="text-align: center;"> BREAKFAST</p> <p>Sausage, Egg & Cheddar on a WW English Muffin</p> <p style="text-align: center;">EARLY DISMISSAL</p> <p style="text-align: center;">NO LUNCH SERVED</p>	<p>12</p> <p style="text-align: center;">BREAKFAST</p> <p>Italian Sausage and Scrambled Egg Wrap</p> <p style="text-align: center;">LUNCH</p> <p>Cheese Filled Tortellini in a Garlic Roasted Sauce Tossed Garden Salad Applesauce - OR - Meatball Pizza</p>
<p>15</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Cheese Omelet Home Fried Potatoes</p> <p style="text-align: center;">LUNCH</p> <p>Austin Steak Twister (BBQ Beef & Cheese Wrap) Tossed Garden Salad Diced Peaches - OR - Spaghetti & Meatballs</p>	<p>16</p> <p style="text-align: center;">BREAKFAST</p> <p> Denver Bagel Topper</p> <p style="text-align: center;">LUNCH</p> <p>Triple Dippers Chicken Nuggets, Tator Tots, Pretzel Bites Fresh Broccoli w. Ranch Mixed Fruit - OR - Hamburger/Cheeseburger</p>	<p>17</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Ham & Cheese Breakfast Slyders</p> <p style="text-align: center;">LUNCH</p> <p>Sloppy Joe on a Bun Seasoned Corn Cinnamon Applesauce - OR - Chicken Fingers w. Roll</p>	<p>18</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Waffles w. Syrup</p> <p style="text-align: center;">LUNCH</p> <p>Roast Turkey w. Gravy Dinner Roll Mashed Potatoes Green Beans, Fruit Crisp - OR - Fish Tacos</p>	<p>19</p> <p style="text-align: center;"> BREAKFAST</p> <p>Scrambled Eggs w. Cheese Whole Wheat Bagel Half</p> <p style="text-align: center;">LUNCH</p> <p>Oven Baked Macaroni & Cheese Carrot Sticks Diced Pears - OR - BBQ Chicken Pizza</p>
<p>22</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Veggie Scramble Whole Wheat Pita Pocket</p> <p style="text-align: center;">LUNCH</p> <p>BBQ Pork Rib let on a Bun Confetti Coleslaw Green Beans Rosy Applesauce - OR - Popcorn Chicken w. Rice</p>	<p>23</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Pancakes w. Syrup</p> <p style="text-align: center;">LUNCH</p> <p>Grilled Cheese Sandwich on Whole Wheat Tomato Soup Steamed Carrots, Pudding - OR - Hamburger/Cheeseburger</p>	<p>24</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Bacon, Egg & Cheese Breakfast Flatbread Fold</p> <p style="text-align: center;">LUNCH</p> <p style="text-align: center;"><u>PIZZA MANIA</u></p> <p>English Muffin Pizza Sausage or Cheese Pizza Bagel Bite Pizza Vegetable Sticks Diced Peaches</p>	<p>25</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Whole Wheat, Reduced Fat Muffin w. Yogurt</p> <p style="text-align: center;">LUNCH</p> <p>Beef n' Bean Nachos w. Cheese Sauce Peas & Carrots Diced Pears - OR - Spicy Chicken on a Bun</p>	<p>26</p> <p style="text-align: center;">BREAKFAST</p> <p style="text-align: center;">Ham, Egg & Cheese on an English Muffin</p> <p style="text-align: center;">LUNCH</p> <p>Stuffed Crust Pizza Dippers Tossed Garden Salad Mixed Fruit Cocktail - OR - Triple Decker Toasted Ham & Cheese w. Tomato</p>
<p>Offered Daily at <u>Breakfast:</u> Variety of Fortified, Whole Grain, Cold Cereal 100% Fruit Juice Assorted Fresh Fruit Assorted Yogurt Flavors</p>	<p>Offered Daily at <u>Lunch:</u> Chef or Garden Salad Chicken Caesar Salad Pb & J Sandwich Peanut Butter Sandwich Assorted Deli Sandwich Assorted Fresh or Canned Fruit Assorted Yogurt Flavors</p>	<p>The School Lunch Program is operated in accordance with U.S. Dept of Agriculture which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington D.C. 20250. Food Services Provided by Chart wells. Menu subject to change without notice. Questions? Please call Scott Handy, DDS at 622-8110</p>		